

Saint Anthony's High School 38th Annual Cross Country Invitational

Date: **Saturday, October 4, 2008 - Schedule changes due to SAT's**

Place: **Sunken Meadow State Park, Kings Park, Long Island, New York**

Distance: **All races are 5K - Site of NYSPHSAA State Meet
Freshmen Races are 1.47 miles – Over bridge/Snake/Moat**

Time Schedule: **TENTATIVE - DEPENDING ON ENTRIES**

1.	10:30 AM	Boys Catholic Middle School Race	11.	2:00 PM	Boys' Junior Varsity	A – 1 Race
2.	10:50 AM	Girls Catholic Middle School Race	12.	2:25 PM	Girls' Junior Varsity	A – 1 Race
3.	11:10 AM	Boys' Frosh B Race (second team)	13.	2:50 PM	Boys' Junior Varsity	A – 2 Race
4.	11:30 AM	Girls' Frosh B Race (second team)	14.	3:15 PM	Girls' Varsity Race	A - 1 Race
5.	11:50 AM	Boys' Frosh A-1 Race	15.	3:40 PM	Boys' Varsity Race	A – 1 Race
6.	12:10 PM	Girls' Frosh A-1 Race	16.	4:00 PM	Girls' Varsity Race	A – 2 Race
7.	12:30 PM	Boys' Frosh A-2 Race	17.	4:25 PM	Boys' Varsity Race	A – 2 Race
8.	12:50 PM	Girls' Frosh A-2 Race	18.	4:45 PM	Boys' Small School Race	
9.	1:10 PM	Boys' Sophomore Race	19.	5:10 PM	Girls' Small School Race	
10.	1:30 PM	Girls' Sophomore Race				

- **Entry must be received by 9/22 to be considered.** Only the 20 smallest schools will be accepted.
- List school enrollment on the entry form IF YOU WANT TO BE CONSIDERED.
- **We will be using computerized scoring this year. You must submit your team roster to:**
- www.just-in-time-racing.com

SANCTIONS: This Invitational will be held under the rules of the National Federation. We have applied for sanctions from Connecticut, New York, PSAL, and NYSCHSAA.

Awards: ALL FINISHERS WILL RECEIVE A SAINT ANTHONY'S INVITATIONAL PATCH

T-shirts: Top 3 Boys' and Girls' Varsity teams and their coach, teams to be determined by 5 person average.

Plaques: Top 3 teams in all Varsity Races. Boys and Girls top team of the day.
2 Harry Crooke Memorial Plaques will be awarded to the male and female with the best time of the day.
Top team in each of the JV-A, Soph A and Freshman A races.

Medals: Top 25 in all races. Top 3 teams in all A races.

Trophies: Josten's (rotating) Trophy to the top Boys team. Port Jefferson Sports (rotating) Trophy to the top Girls team.

Entry Fee: \$35 per team (of seven) per school - maximum \$200 for boys and \$200 for girls.
Make checks payable to: Saint Anthony's HS.

Entry Due Date: Entries must be postmarked by **September 22' 2008**. Earlier entries are appreciated.
Please include check or purchase order form and/or P.O. number.

Mail Above To: Donal Buckley/Director of Athletics
Saint Anthony's High School
275 Wolf Hill Road
South Huntington, New York 11747-1394

Entries May Be Faxed To: 631-549-0620

Team Rosters: You must submit your team roster to: www.just-in-time-racing.com (do not fax)

Questions: Call Saint Anthony's High School at 631-271-2020, extension 229.

Short sleeve tee shirts (\$10) and long sleeve tee shirts (\$15) will be on sale at the Invitational.

38th ANNUAL SPRING INVITATIONAL TRACK & FIELD MEET: NEW MONDO TRACK 5/1 & 5/2 - 2009

SAINT ANTHONY'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL ENTRY FORM

- 1) Make sure you send your written entry to Saint Anthony's High School (Mr. Donal Buckley).
- 2) Make sure you submit your team roster to: www.just-in-time-racing.com (do not fax)

School: _____	Coach's Name: _____
Address: _____	Coach's Phone # _____
Town: _____	
School Phone: _____	A.D.'s Name: _____

PLEASE NOTE: The top seven (7) individuals in each category **MUST** run in the "A" race, the next best seven (7) in that category **MUST** run in the "B" race. NO JUNIOR VARSITY ENTRIES ARE PERMITTED UNLESS A VARSITY TEAM HAS ALSO BEEN ENTERED. NO FROSH B TEAMS MAY BE ENTERED UNLESS A FROSH A TEAM HAS BEEN ENTERED FIRST.

Small School Race: Please list the enrollment for the appropriate category(ies) ONLY if you would like to be considered in either of these races. Each of these races is limited to **20 teams**. All other applicant teams will be placed in an "A" race.

Boys: Grades 10, 11 & 12 (total) = _____
Girls: Grades 10, 11 & 12 (total) = _____

	<u>No. of Teams</u>	<u>Coach's Notes</u>
Boys Varsity or (Small School)*	_____	_____
Boys JV-A	_____	_____
Boys JV-B (JV runners 8+)	_____	_____
Boys Soph A	_____	_____
Boys Frosh A	_____	_____
Boys Frosh B (Frosh runners 8+)	_____	_____

Girls Varsity or (Small School)*	_____	_____
Girls JV	_____	_____
Girls Soph	_____	_____
Girls Frosh A	_____	_____
Girls Frosh B (Frosh runners 8+)	_____	_____

Total Number of Teams _____

TOTAL ENTRY FEE ENCLOSED/OWED: _____ **X \$35.00/Team** **Total =** _____

(Maximum Entry Fee - \$200 for boys & \$200 for girls) _____

Include Check and/or Purchase Order with Entry

Please make checks payable to Saint Anthony's High School. Entries must be postmarked by September 22, 2008.

Mail Entries To: **Mr. Don Buckley/Director of Athletics**
 St. Anthony's High School
 275 Wolf Hill Road
 South Huntington, New York 11747-1394