

## ***BAYPORT-BLUE POINT HIGH SCHOOL***

### **63<sup>rd</sup> SUFFOLK COUNTY RELAYS FOR BOYS**

Dear Coach:

The Suffolk County Relays is the longest running relay meet on Long Island, dating back to 1946. In addition to awarding numerous individual medals and team plaques, we also have two trophies for best overall team (small and big schools) and two MVP plaques to the outstanding track athlete, and field athlete. This meet is over by 12 noon, making it even more enjoyable to coaches and athletes. **Fully Automated Timing (FAT) will be utilized for this meet.**

PLACE: Bayport-Blue Point High School  
200 Snedecor Avenue  
Bayport, NY 11705

DATE: Saturday, May 10, 2008

TIME: 10:00 am (Track and Field Events)

ENTRY DUE: All entries must be received by Saturday, May 3, 2008

MAIL TO: Coach Michael Zafonte  
Bayport-Blue Point Athletic Office  
189 Academy Street  
Bayport, NY 11705

ENTRY FEE: \$150 blanket entry or \$20/Relay. Make check or voucher payable to BAYPORT-BLUE POINT TRACK CLUB. This fee must accompany your entry and includes officials' fees.

AWARDS: Medals to top four teams in each relay (total of 248).  
Plaque to winning team in each relay (total of 21).  
Plaque to overall team champions (1- League I – IV;  
1 – League V-VIII) total of 2.

FACILITY: 400 meter all weather track. **1/8" spikes permitted.** FAT

Michael Zafonte: \_\_\_\_\_

E-mail address: mzafonte@bbpschools.org

Timothy M. Mullins: \_\_\_\_\_  
Athletic Director

**REGISTRATION:**

On site, the day of the meet. Coaches pick up "school pack" with event cards to be turned in to clerk for running events, and officials for field events, by 9:30am. Please arrive by 9:00am for warm-ups and registration.

\* Each school may enter three teams per event.

\*\* A boy may compete in 3 events (2 field with 1 running, or, 1 running and 2 field)

**ORDER OF EVENTS**

4-Mile Relay	4 x 1600	Open		Final
Shot Put Relay	2-Man	Open		Final
Discus Relay	2-Man	Open		Final
High Jump Relay	2-Man	Open		Final
Pole Vault Relay	2-Man	Open		Final
Long Jump followed By Triple Jump	2-Man	Open		Final
High Hurdle Shuttle Relay	2 x 110 HH	Open		Final
400 Relay	4 x 100	League 1-4; 5-8	Trials	
800 Relay	4 x 200	League 1-4; 5-8	Trials	
High Hurdle Shuttle Relay	2 x 110 HH	Open		Finals
Sprint Medley	200, 100, 100, 400	League 1-4; 5-8		Finals
400 Intermediate Hurdles Relay	2 x 400 IH	Open		Finals
Distance Medley	1200, 400, 800, 1600	Open		Final
2-Mile Relay	4 x 1600	Open		Final
400 Relay	4 x 100	League 1-4; 5-8	Final	
800 Relay	4 x 200	League 1-5; 5-8	Final	
Mile Relay	4 x 400	League 1-5; 5-8	Final	

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**ENTRY FORM**

SCHOOL \_\_\_\_\_ COACH \_\_\_\_\_

LEAGUE \_\_\_\_\_

Write the number of teams (maximum of 3) you wish to enter in event on the lines below.  
Runners will be declared on day of meet.

_____	4-Mile Relay (4-Man)
_____	Shot Put (2-Man)
_____	Discus (2-Man)
_____	High Jump (2-Man)
_____	Pole Vault (2-Man)
_____	Long Jump (2-Man)
_____	Triple Jump (2-Man)
_____	High Hurdle Shuttle (2 x 110 HH)
_____	Mile Relay (4 x 400)
_____	400 Relay (4 x 100)
_____	800 Relay (4 x 200)
_____	400 Intermediate Hurdle Shuttle (2 x 400 IH)
_____	Sprint Medley (200, 100, 100, 400)
_____	Distance Medley (1200, 400, 800, mile)
_____	2-Mile Relay (4 x 800)

**\*\* Check or voucher must accompany this entry form.**

PAYABLE TO: Bayport-Blue Point Track Club

ENTRY DEADLINE: \$150.00 must be received by Saturday, May 3, 2008

MAIL TO: Michael Zafonte  
Bayport-Blue Point Athletic Department  
189 Academy Street  
Bayport, NY 11705

E-MAIL ADDRESS: [mzafonte@bbpschools.org](mailto:mzafonte@bbpschools.org)